

Year One
Express
Summer Term

During this project, the driving subjects are Art and Design, Music and PSHE & Relationships Education. We learn about the ways music and art can be used to communicate feelings and ideas and share these with others. We explore themes of identity, community and wellbeing as we get to know and express more of ourselves.

Project Launch: Religious Education
Sikhism
We start our project by exploring some important Sikh beliefs and stories. We find out about the Gurdwara (the Sikh place of worship) and we learn about Guru Nanak who was the first Guru of Sikhism.
We hear the story of Dinni Chand and the Needle and think about what this story teaches Sikhs. We explore Sikh beliefs about service to others.

PSHE and Relationships Education
We share the story **The Colour Monster** by Anna LLenas which helps us to name and recognise lots of different emotions. Through exploring this book, we think about how we can spot when we are feeling different things. The Colour Monster changes colour depending on how he is feeling, and we consider the different ways colours can show and express feelings too.

Project Launch

FOCUS 1



FOCUS 2

Music
In Year One, we learn about how we can use music to represent our emotions. We also learn about how others have expressed their own emotions through their music. We create soundscapes and compose music collaboratively using a range of percussion instruments. Using the colour monster, we map his journey through a school day with our own music. We use created and agreed marks to represent musical notation and learn to play as part of an ensemble in small groups and as part of the whole class. We improvise, practice and perform our creations.



Art: Collage
We make collages by working together as a class and independently to build designs. We learn to create a collage by arranging and gluing to different backgrounds. We choose an emotion and create collages using a wide range of materials in different colours, shapes, sizes and textures.



FOCUS 4

FOCUS 3

Art: Colours
We explore colours and the links they have with different moods and emotions. We use a wide range of materials in various colours to sort and group by different features e.g. colour, texture. We focus on the use of colour in art and the impact it has on the viewer. We sort our collaging materials into colour tables and label the tables with the emotions that they



FOCUS 5

Religious Education: Pentecost
We mark the celebration of Pentecost with a day in school focussed on learning about this important event in the Christian calendar. We find out about the significance of this story and represent it in different ways.



Art/DT Textiles Puppets
We go through the evaluate, design, design specification, develop skills, make and review cycle to create our very own puppets. In our skills work, we learn about different ways to attach and join materials using glue and sewing. We choose and match colours and materials of different textures to create our own characters from the story of Goldilocks. We decorate our puppets using an array of materials like: buttons, feathers, sequins and threads of different thicknesses. We create texture by knotting, fraying, fringing, pulling and twisting threads.

FOCUS 6

Art: Exploring the work of Artists
We explore the work of two artists: Andy Warhol and Edvard Munch. We explore the artists use of colour and compare the similarities and difference in their work. We learn about the use of bold and bright colours and explore complementary colours, trying colours out next to each other. We mix paint and create our own colours to use in our artwork. We create relief tiles to make prints in the style of Andy Warhol. We then study the use of colour, line and texture in Munch's work. We create our own images in the style of the artist focussing on different emotions.



FOCUS 7

Answering the Project Question:
We finish our project by reflecting on our project question. We think about everything we have learnt about naming and expressing our feelings and how this can help us to manage them when we are experiencing big or powerful emotions. We are able to use lots of vocabulary related to our emotions in order to explain how we are feeling.

FOCUS 8

How can we manage our feelings?

